

KID POWER

Get up! Get busy! Show you care about your home, your neighborhood and your national parks. Turn Over a New Leaf!



CELEBRATE EARTH DAY AND NATIONAL PARK WEEK!

America's national parks are some of the most special places in the world. They preserve our history and culture and protect some of the most amazing wilderness on Earth.

The National Park Service and the National Park Foundation need your help. These parks belong to all of us, and it is our responsibility to care for them. Show the parks you care by learning about them, visiting them, and doing the activities in this book that will help protect their future. Your journey through this book will show you many things to do throughout your home, your neighborhood and in your national parks... Enjoy the adventure!

Illustrations by Warner McGee. Design and layout by **D**INNOVATIVE
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"Kid Power" is made possible through the generosity of:



www.nps.gov



www.nationalparks.org



CELEBRATE EARTH DAY! YOU CAN MAKE A DIFFERENCE

For America to shine from sea to sea, I know it all begins with me!

You can help the national parks stay healthy when you "Turn Over a New Leaf."
That means learning how to do things in a new way. If you treat your
national parks with care, they will always be healthy
places to live and play.

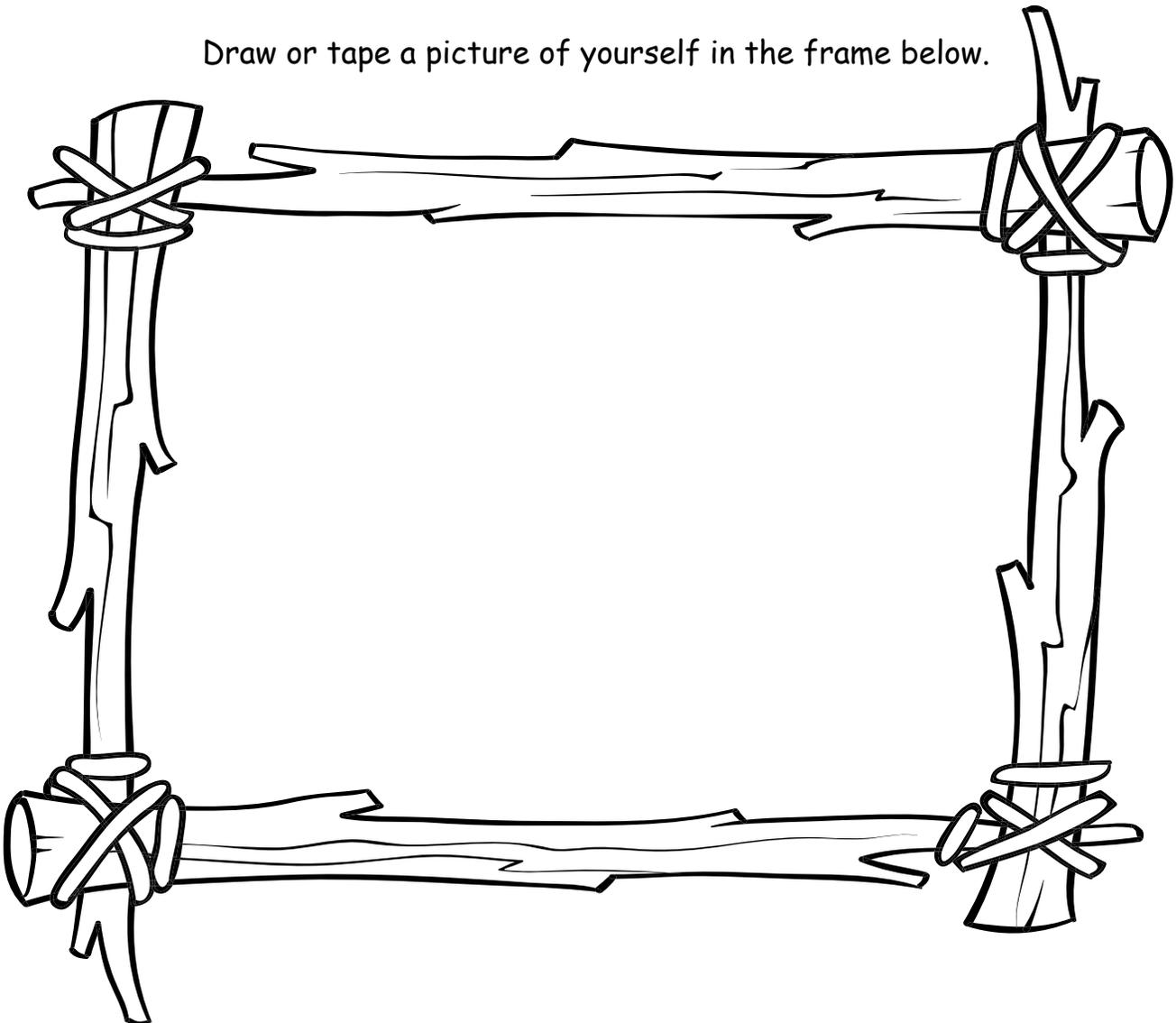
Name _____

Birthday _____

Hometown _____

National Park Nearest You _____

Draw or tape a picture of yourself in the frame below.



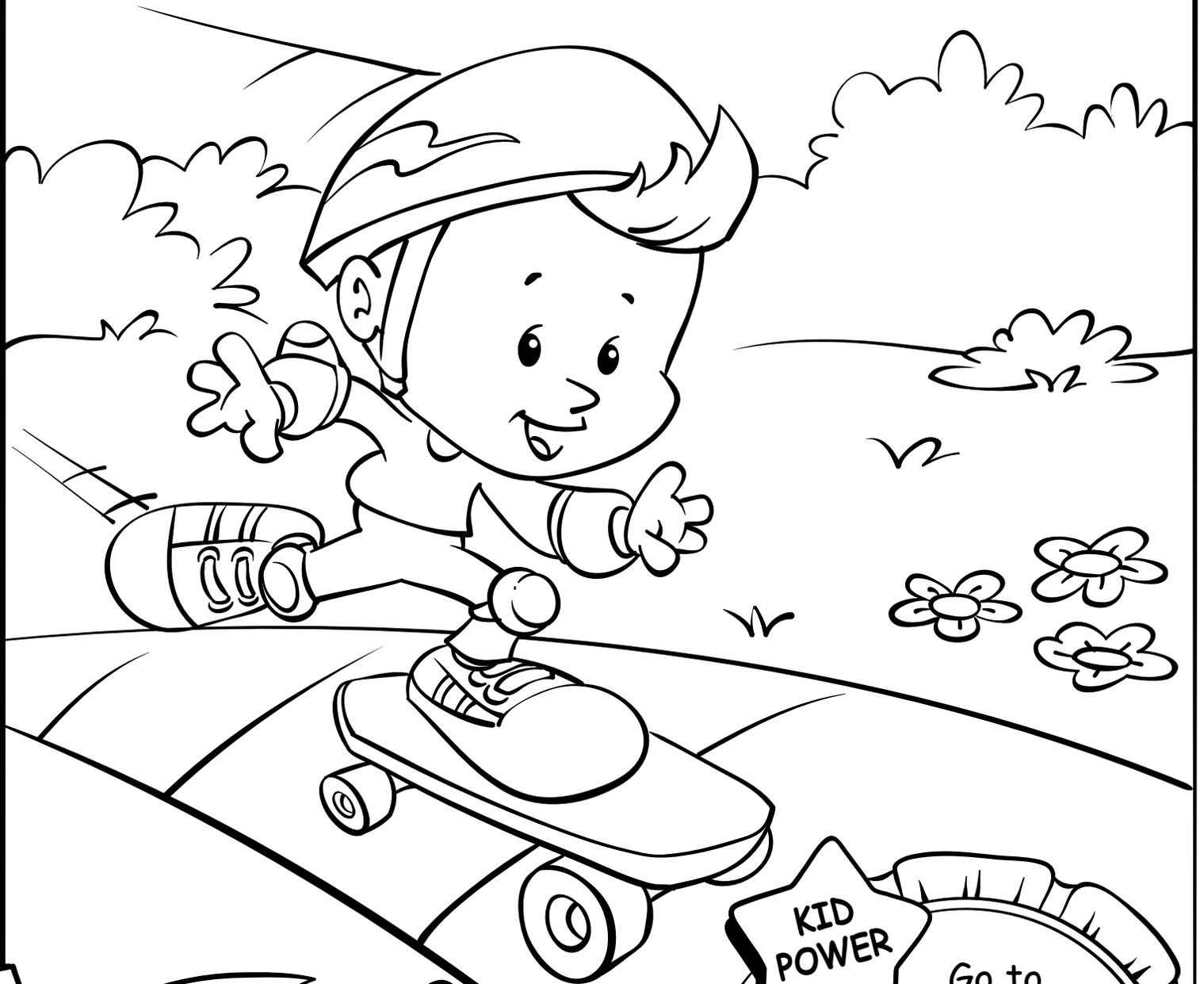
KID ENERGY

Ride a bike - Take a hike... help the Earth stay healthy.

What kind of power can move you anywhere you want to go - for free? Kid Power.

When you walk, bike, skateboard or roller-skate, you create NO POLLUTION!

So the next time you need to get somewhere - use Kid Power!



When you visit a national park, go for a walk or take a hike instead of riding in the car.

This will help keep the air clean for you and your animal friends.

PARK SMARTS

KID POWER

Go to your local, state or national park and hike one of the trails today.

LIGHTS OUT!

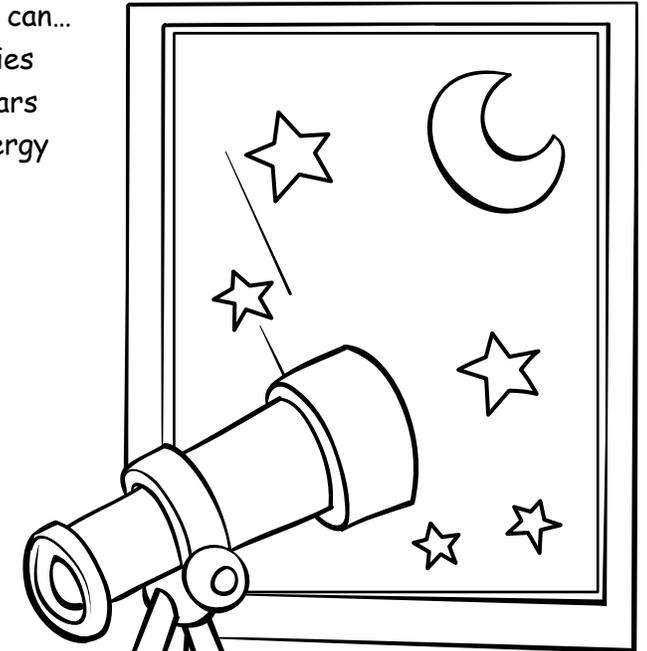
Be bright. Turn off the lights. Be neat. Turn down the heat.
Saving energy is as simple as turning off a light or trying a new energy-saving light bulb.

With lights off you can...

- Tell ghost stories
- See the stars
- Save energy

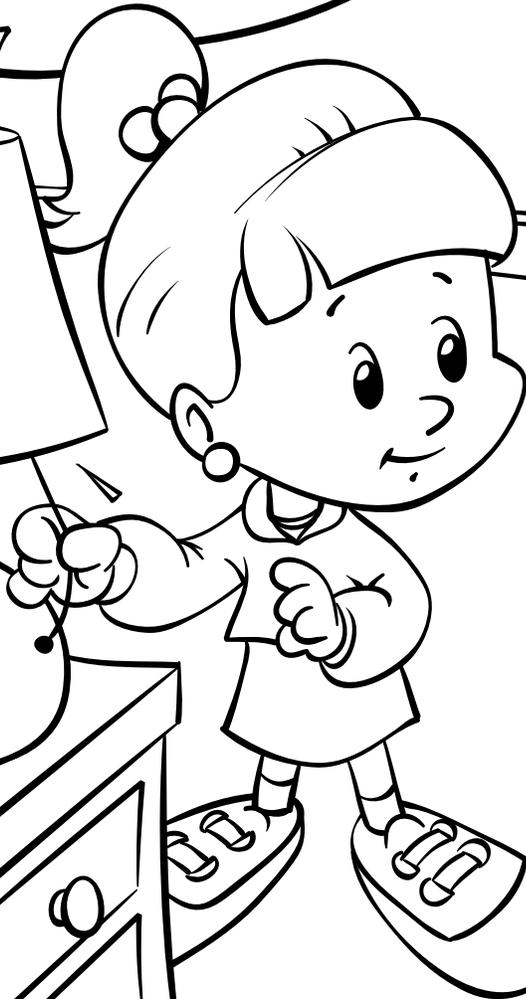
Check out the WebRangers "Night Sky" activity at www.nps.gov/webrangers to find out why a dark sky is so important at night.

PARK SMARTS



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Invite your friends over tonight. Turn off all your lights for a half-hour and check out the night sky.



HERE COMES THE SUN

Sunny days are made for fun. Open the blinds. Enjoy the sun.



**KID
POWER**

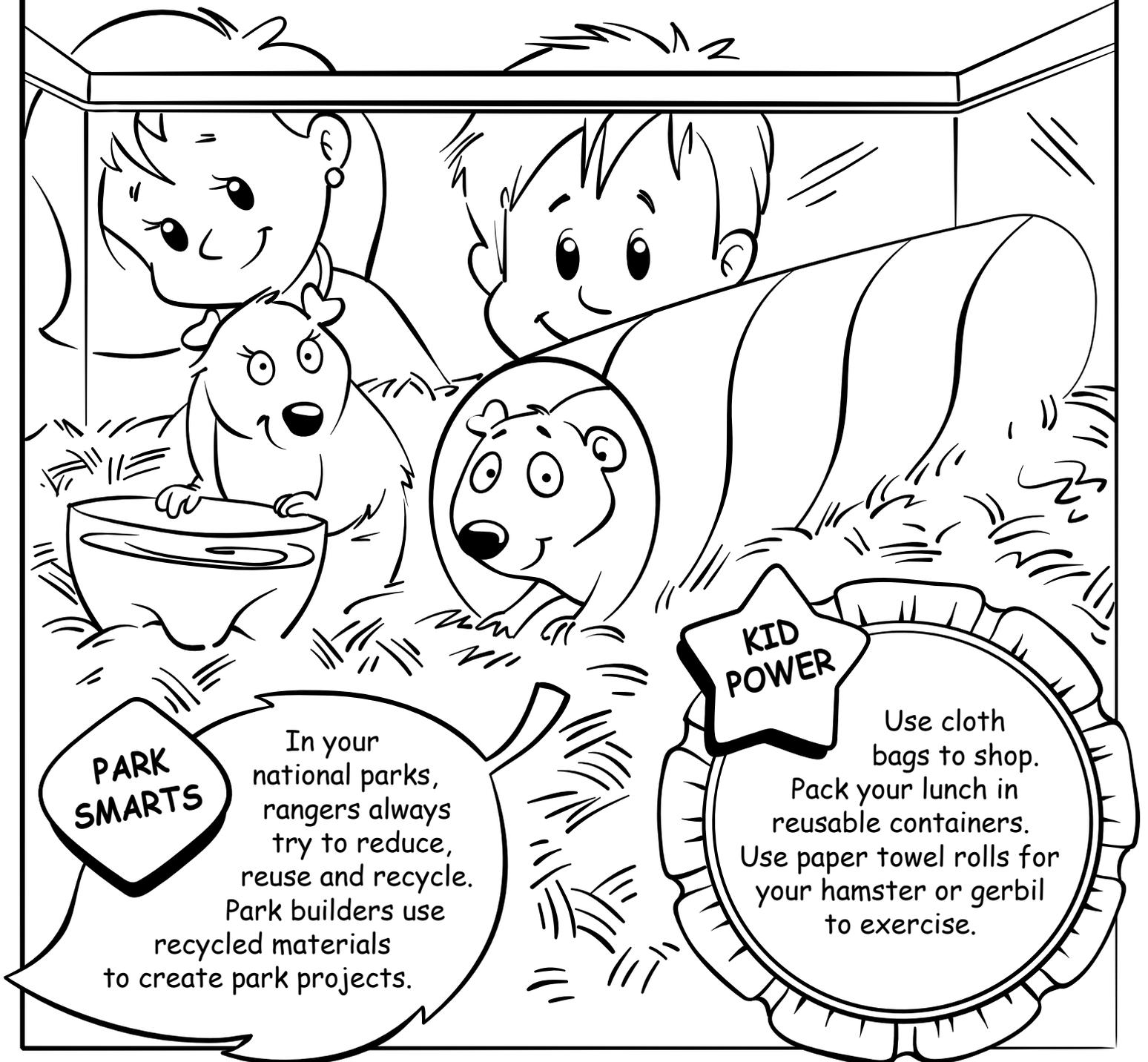
Did you know that the sun is a powerful source of heat throughout the year... even in the winter? Open the curtains at your house and find a sunny spot on the floor. Lie down and let the sun warm you up. Enjoy the sun!

REDUCE, REUSE, RECYCLE

When you use the Three R's, you'll be a shining star.

What can you do? Think before you throw something away:

- Reduce what you use.
- Reuse what you can... and give useful items to others in need.
- Recycle what cannot be reused.



PARK SMARTS

In your national parks, rangers always try to reduce, reuse and recycle. Park builders use recycled materials to create park projects.

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Use cloth bags to shop. Pack your lunch in reusable containers. Use paper towel rolls for your hamster or gerbil to exercise.

MAKE IT LAST

To make the Earth stronger... use things longer!

Before you throw that broken toy away, ask yourself, "Is it something I can fix?" Try to fix something around your house that you can use again. Also, look to donate old clothes and toys, in order to help reuse items.



PARK SMARTS

When you visit a national park, be sure to help the park staff. They make a point to reuse and recycle supplies and materials all the time. All supplies are reused as many times as possible before throwing them away or recycling them.

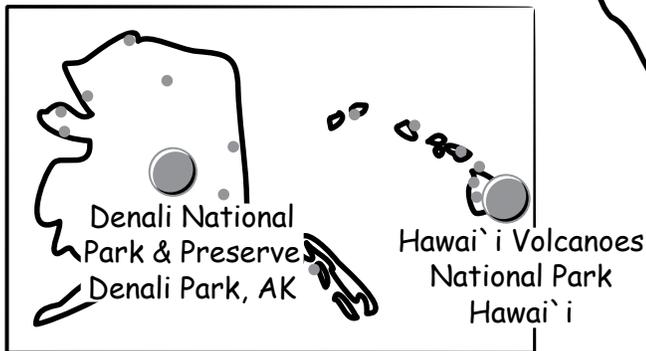
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Buying a new book or toy is always fun. But have you ever considered buying something second-hand? Often you can discover the secrets of a forgotten treasure from the past that is cheaper and more "Earth-friendly."

VISIT A NATIONAL PARK NEAR YOU

Discover how you can "Turn Over a New Leaf"!

There are almost 400 national parks in all!
Here they are, marked with dots, large and small.



PARK SMARTS

Mark your hometown on the map with a star. Then circle the five national parks nearest you.

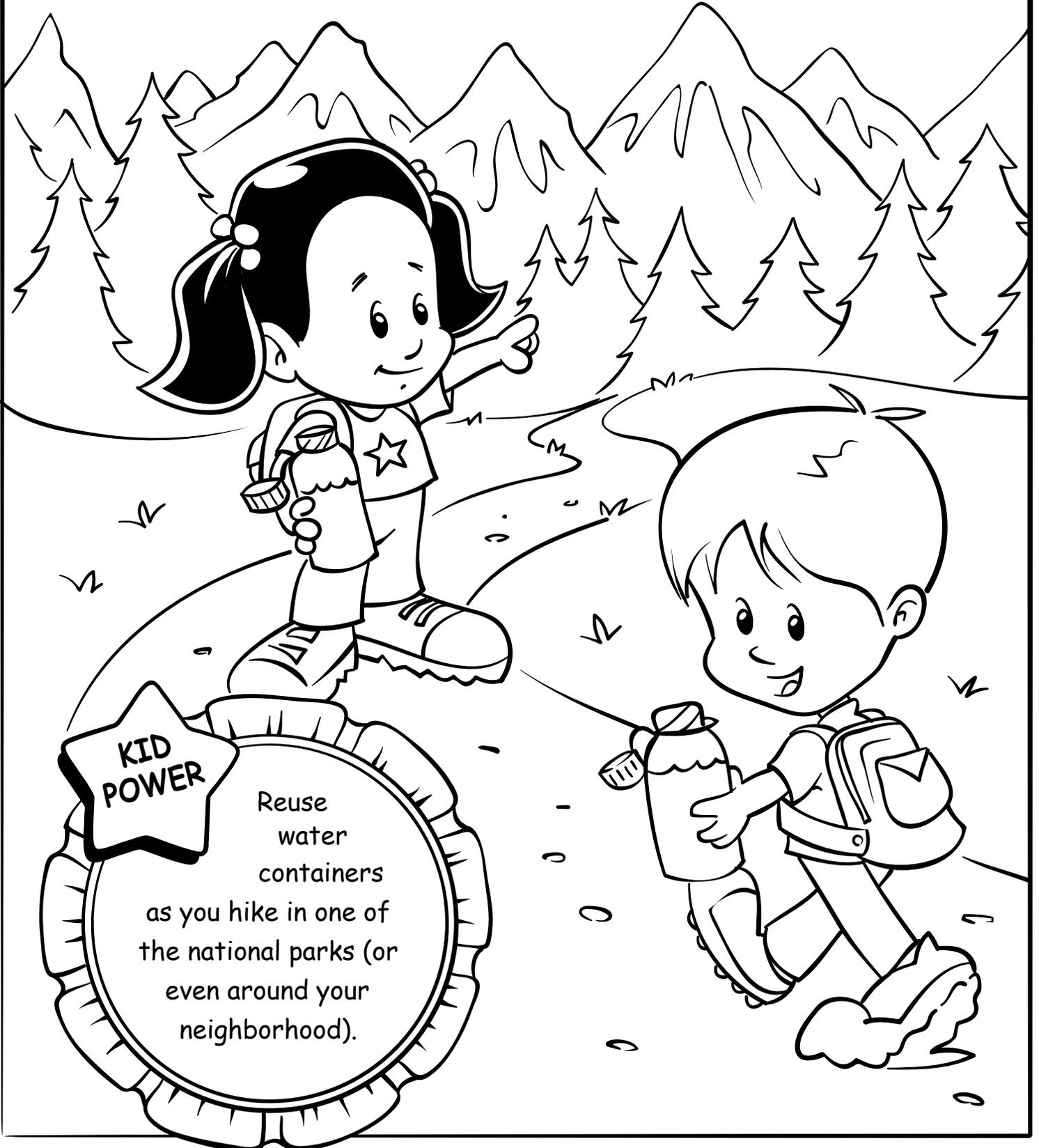
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Go online to www.nps.gov and plan a trip to one of these parks. Or find opportunities to volunteer at the one nearest you.

DON'T BE A DRIP!

Be smart! Do your part!
Our water supply cannot be lost.
The Earth would pay a terrible cost.

When the water goes down the drain, where does it go? It has to be treated and cleaned before we can use it again, so the more water you save, the more energy you save.



WHAT'S IN YOUR LUNCH BOX?

Buying foods from local farms helps our Earth like a charm.

Take a look at your lunch today. Have you ever thought about where your food comes from? Fruits, vegetables and meat often travel thousands of miles to get to our plates. When possible, buy local products. You will be helping local farmers and saving fuel.

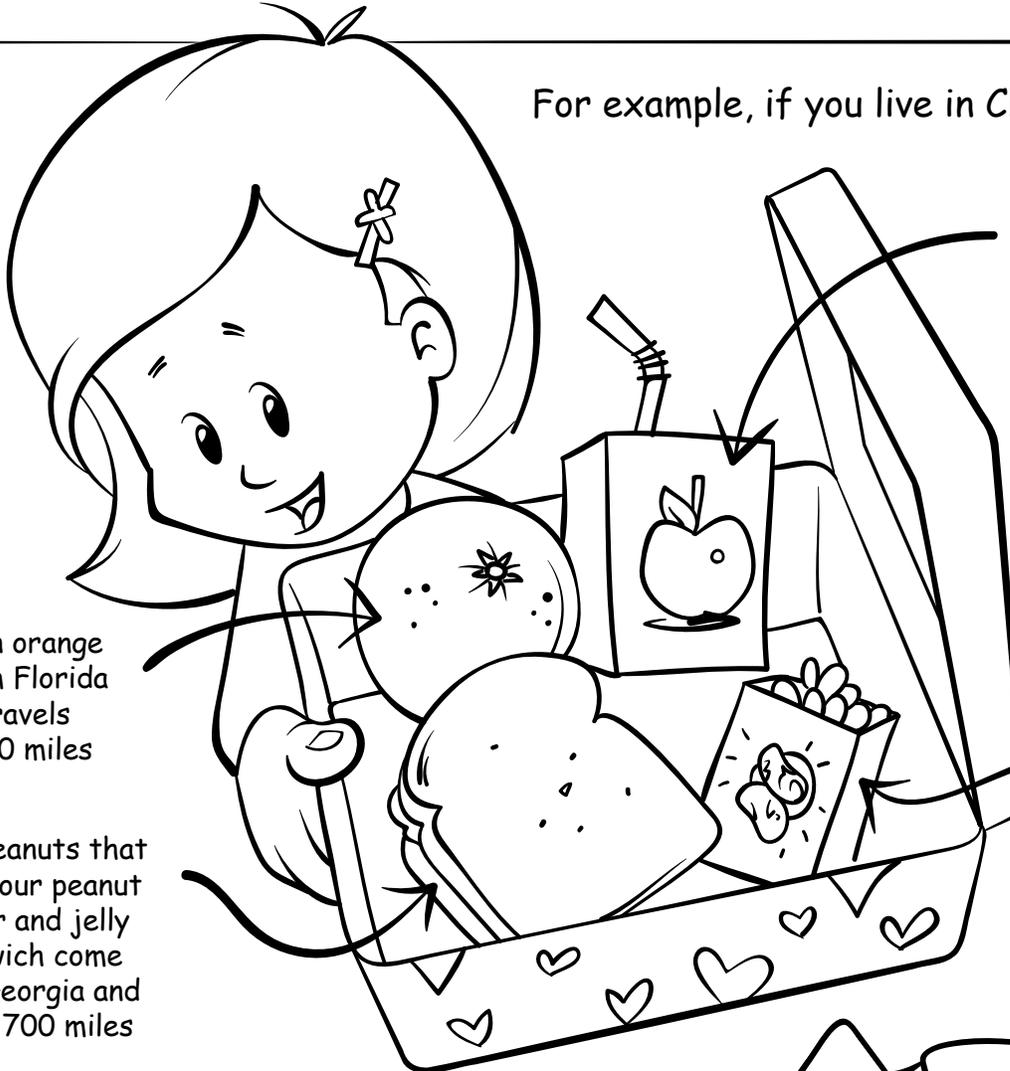
For example, if you live in Chicago, IL...

... an orange from Florida travels 1100 miles

...the peanuts that made your peanut butter and jelly sandwich come from Georgia and travel 700 miles

...a carton of apple juice from Washington travels 2200 miles

...a box of raisins from California travels 2100 miles



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People who sell food and drinks in your national parks are counting food miles, too. They look for local foods that give visitors a "taste" of the park and do not have to be flown in from other parts of the country.

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Pack your lunch in reusable containers, so that you do not have a lot of wrappers and other trash to throw away. Test yourself: How little trash can I create in one day? How about in one week?

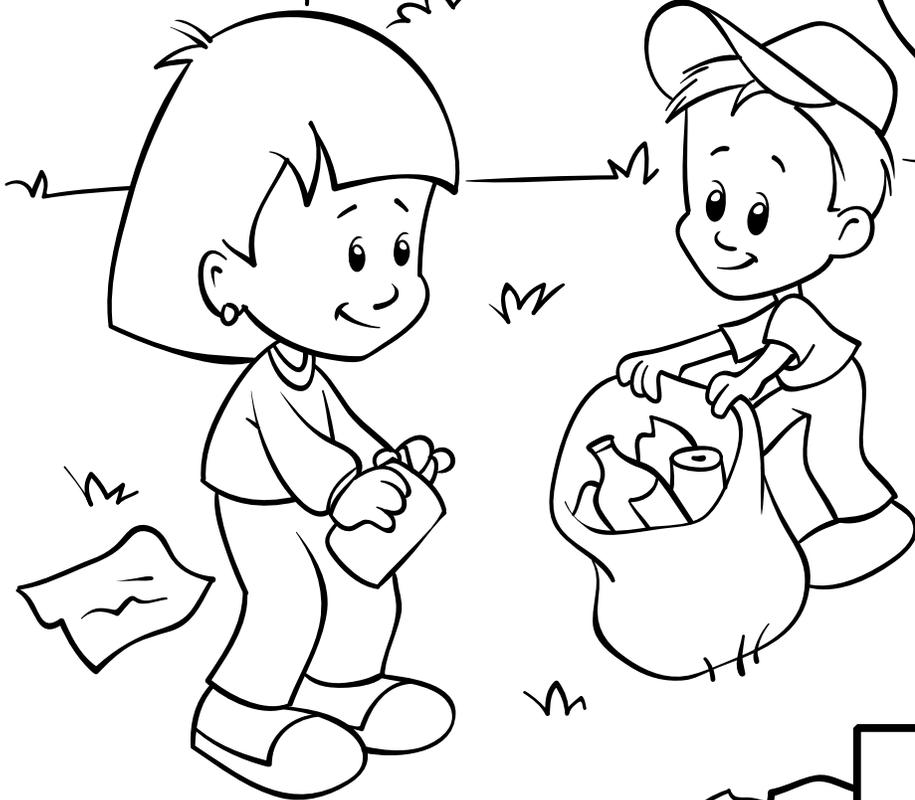
LEND A HAND

Lend a hand. Clean up our land.

Get involved. Volunteer in your neighborhoods and parks.

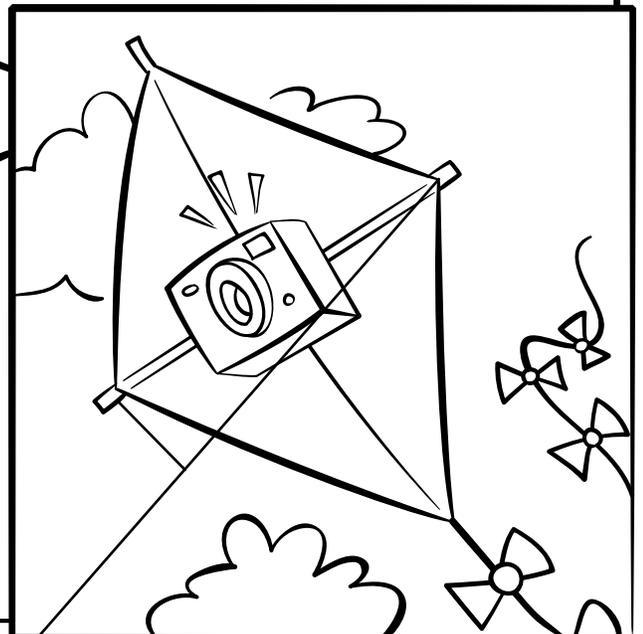
KID POWER

Volunteer at a local or national park with your class, friends or family. Pick up trash, paint, build trails, track turtles as they migrate, tell stories to other visitors... volunteer opportunities are practically endless.



Junior Rangers from New York used cameras mounted on kites to create aerial photographs of fragile habitat areas.

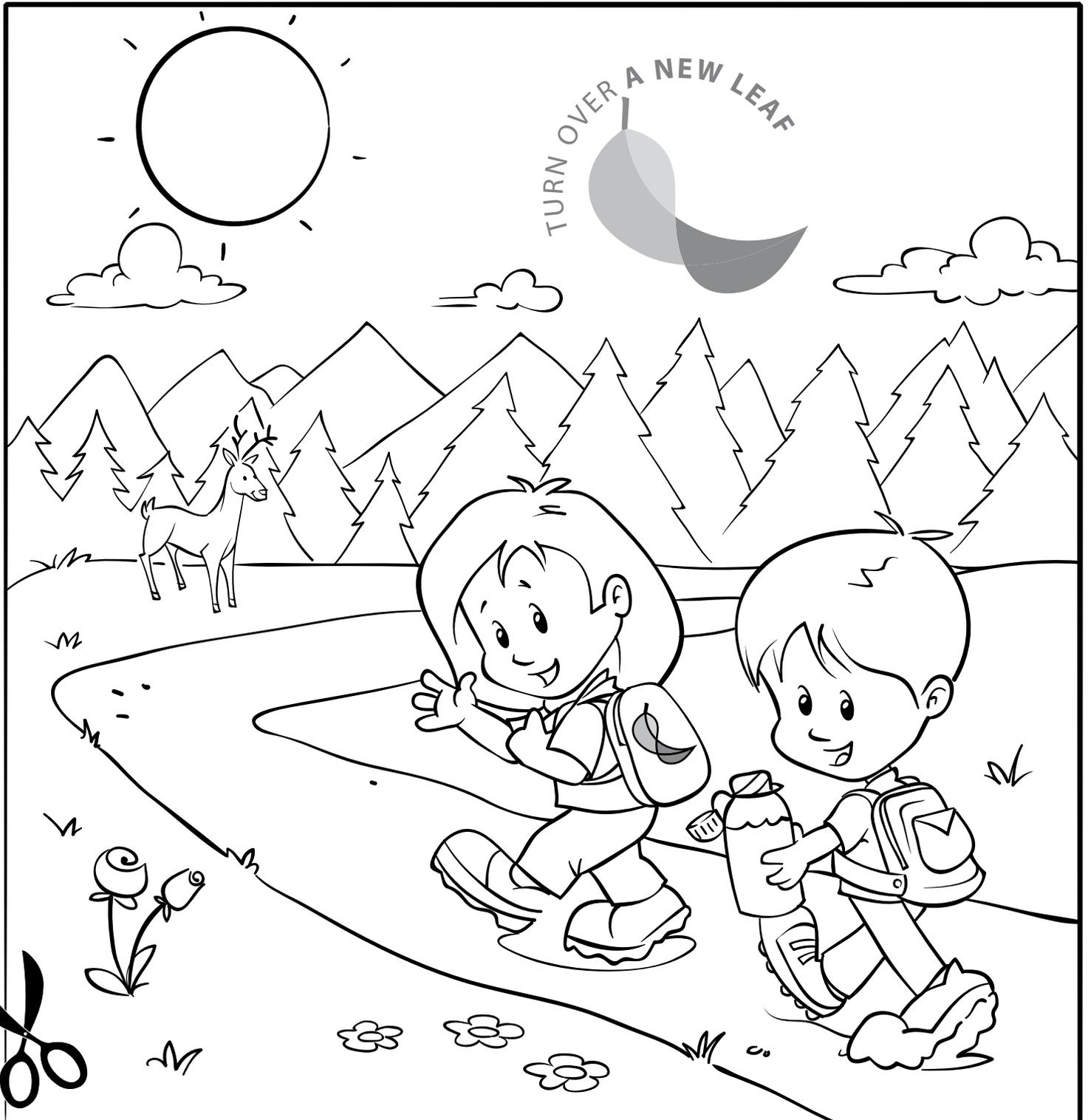
PARK SMARTS



YOU'VE LEARNED SO MUCH!

You can help the national parks win. Look at all you can do!
Color this page and bring it in. We've got a special badge for YOU!

Color this page or draw some things you've done on the back of this page that are good for the Earth. Cut it out and bring it into the children's department of any Macy's store on Saturday or Sunday, April 26 or 27, 2008 to get your own "Turn Over a New Leaf" Kid Power Badge for the work you've done!*



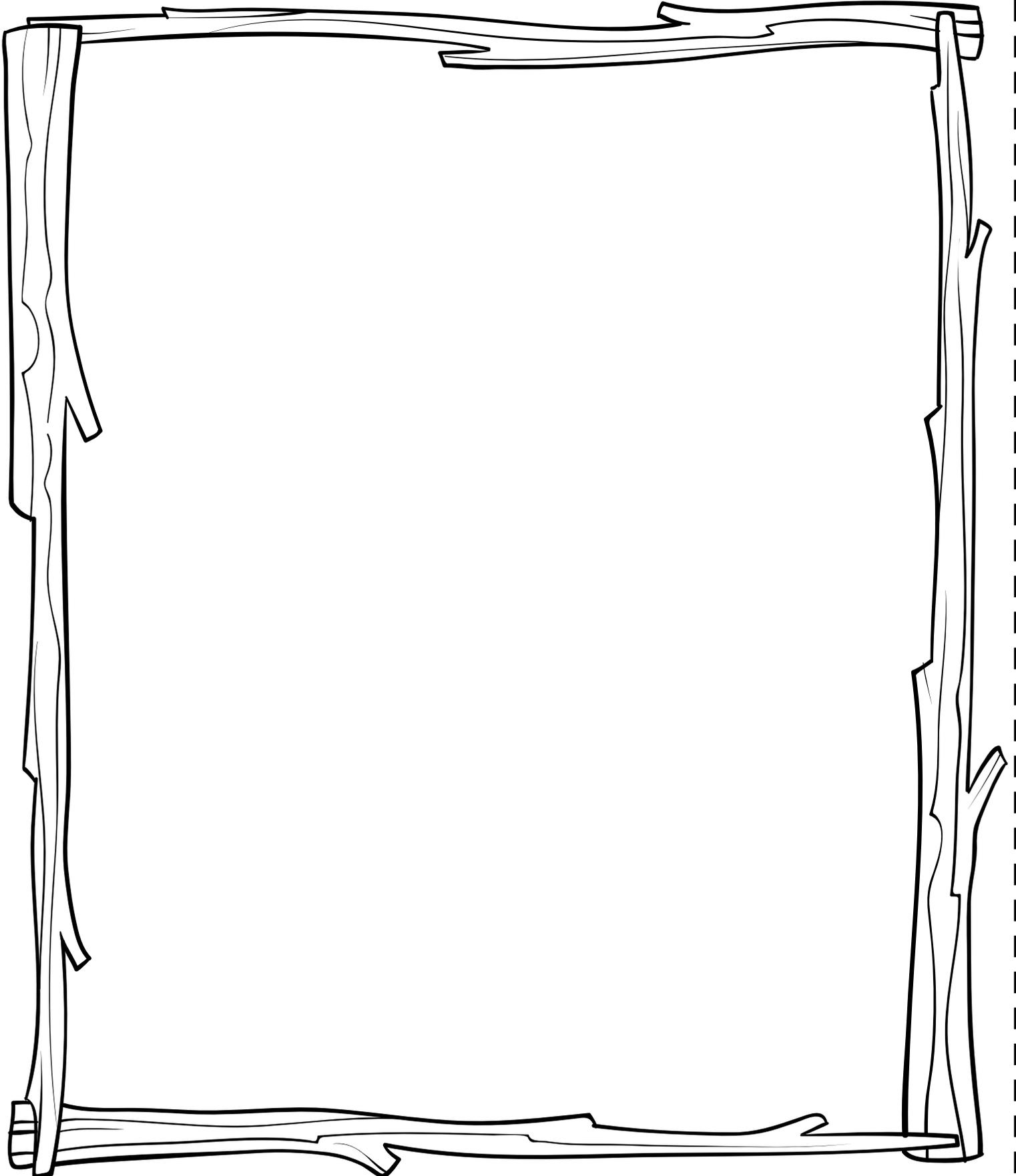
*Badges available in stores while supplies last. Or mail to National Park Foundation, c/o Turn Over a New Leaf, 1201 Eye Street NW, Suite 550, Washington DC, 20005.



IT'S YOUR TURN



Show us how you care about your national parks. Draw some things you've done this week that are good for the Earth.





GET OUTDOORS!

Visit a national park and explore! Let your imagination soar!

Use your "Kid Power" to become a Junior Ranger at a national park near you! During your park visit, you will receive an activity booklet that introduces you to each park's special story. Play games, explore the booklet's clues and discover each park's treasures.

As a Junior Ranger, you are a protector of the national park system—and a friend of the Earth. Not only will you enjoy fun activities. You will also learn ways to keep parks healthy for years to come.

When you complete your booklet, you will earn a Junior Ranger badge and certificate. And the best part is—you can do it again at another park.

Each one is different. Get outdoors! Explore your national parks as a member of the Junior Rangers!

To learn more about the Junior Ranger program or to volunteer at a national park, go to www.nps.gov.